

## Orthopedic Services

Our Orthopedics Center specializes in treating musculoskeletal injuries and diseases with expert care and advanced technology. We focus on faster recovery and shorter hospital stays to help patients regain mobility and independence. Our specialists address a broad spectrum of conditions and guide you from preoperative preparation through post-recovery support.

Services include:

- Sports medicine
- Hand and upper extremity care
- Fracture care
- Joint replacement

We create personalized treatment plans to reduce pain, enhance function and improve your quality of life in a supportive environment.

## Cardiology

We offer comprehensive cardiac care with state-of-the-art monitoring and procedural services, empowering patients to manage heart health effectively and confidently. Our services are designed for convenience and precision, helping detect issues early and tailor treatments to individual needs. Services include:

- Cardiac catheterization
- Angiography
- Pacemaker implantation
- Electrocardiography
- Echocardiography
- Stress testing
- Holter monitoring

As one of four designated STEMI (heart attack) receiving centers in Alameda County, we provide emergency angioplasty and percutaneous coronary intervention, ensuring rapid, life-saving care. We also offer noninvasive procedures and diagnostic services that support long-term heart health.

## Surgical Services

Our surgical services have earned national recognition for quality and performance. We offer a full spectrum of procedures with a focus on precision, safety and patient comfort. Services include:

- Oncology
- Colorectal surgery
- Vascular surgery
- Minimally invasive Advanced Laparoscopy
- Urology
- Gyn
- Spine Surgery

We prioritize minimally invasive techniques whenever possible to reduce recovery time and risks. From consultation to follow-up, our team is committed to achieving the best possible outcomes.

## Medical Surgical & Telemetry

Our medical-surgical and telemetry units provide attentive care for patients undergoing surgery or managing acute conditions such as heart attacks, heart failure, pneumonia and sepsis. We provide continuous monitoring of heart rhythms and oxygen levels for safety and stability.

Our team of trained nurses, assistants and specialists, including wound care experts, works collaboratively to promote healing. We emphasize compassionate, holistic support to ease your hospital experience and ensure a smooth transition to recovery.

## Referring Patients

We are committed to a seamless referral process for both providers and patients. Our coordinators manage referrals, prior authorizations and scheduling with care and efficiency.

Providers may contact our Hospital Services Team at 510-264-4045, Monday through Friday, 8 a.m. to 5 p.m., to support their patients' needs.



# St. Rose Hospital

An ALAMEDA HEALTH SYSTEM Affiliate



**Mario Harding, MHA, FACHE**

Chief Administrative Officer  
St. Rose Hospital, an Alameda  
Health System affiliate

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## About Us

St. Rose Hospital has served the community for more than 60 years, delivering high-quality, cost-effective health care that evolves with patient needs and advancements in medical science. Although an affiliate of Alameda Health System, St. Rose Hospital operates as an independent hospital offering innovative programs, such as subacute care, and cutting-edge technologies to provide the best possible diagnostic and therapeutic treatment options.

Our commitment is to heal and comfort those we serve, always respecting individual preferences, needs and values.

## About Our Services

At St. Rose Hospital, we offer a comprehensive range of inpatient and outpatient diagnostic, treatment and surgical services, partnering with skilled physicians and staff to deliver compassionate, evidence-based care. We prioritize patient-centered approaches, drawing on scientific knowledge and best practices to support healing and well-being.

We proudly collaborate with four local nursing programs, providing clinical training and preceptorships to nurture the next generation of health care professionals.

Whether you're seeking routine care or specialized interventions, our team is dedicated to guiding you every step of the way for optimal outcomes.

## Rehabilitation Services

We take an interdisciplinary approach to rehabilitation, uniting health care professionals to create individualized care plans that help patients recover swiftly and regain independence. Services include:

- Occupational therapy
- Physical therapy
- Speech therapy
- Subacute and skilled nursing care
- Ergonomic evaluations

We tailor treatments to your goals in a nurturing setting that fosters progress and empowers you post-recovery.

## Diagnostic Imaging

We use advanced imaging technologies to produce high-quality images for accurate diagnoses. Our three-year accreditation from the American College of Radiology for vascular ultrasound underscores our commitment to safety and excellence. Services include:

- CT scans
- MRI
- Ultrasound
- 3D digital mammography
- Endoscopy

Our expert technicians ensure a comfortable process and help you understand your results and next steps.



## Outpatient Care Center

Our Outpatient Care Center delivers advanced, patient-focused services that allow you to recover in the comfort of your home or familiar surroundings. We emphasize convenience and efficiency to make your experience seamless.

Services include:

- Preoperative and postoperative care
- Laboratory
- Diagnostic imaging
- Procedural care

Our goal is to deliver high-quality care that fits your lifestyle and promotes faster healing.

## Emergency Services

Our emergency department is staffed 24/7 because urgent situations demand immediate response. We aim to have patients seen by a provider within 30 minutes. Staffed by board-certified physicians and emergency-trained nurses, we use advanced technology to deliver prompt, effective care across a wide range of needs.

Our focus is on rapid stabilization, clear communication and compassionate support during emergencies and recovery.

## Dialysis

We offer dialysis services for patients with chronic or acute kidney disease, filtering the blood when the kidneys cannot. This service helps maintain balance and support health during hospitalization. Whether managing ongoing conditions or sudden needs, we provide the expertise and technology to help you stabilize and recover.